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P P SAVANI
**Ayurvedic College
and Hospital**

P P SAVANI AYURVEDIC COLLEGE AND HOSPITAL

P P SAVANI UNIVERSITY, KOSAMBA, SURAT

REPORT OF ONE DAY NATIONAL SEMINAR

“SHARIRA MANTHAN 2026”

Organized by:

Department of Kriya Sharira & Rachana Sharira
P. P. Savani Ayurvedic College & Hospital,
P. P. Savani University, Surat

Title of the Event:

One Day National Seminar – “*Sharira Manthan 2026*”

Dates of the Event:

- **Pre-Seminar (Online Paper Presentation):** 4th February 2026
- **Main Seminar:** 6th February 2026

Mode of Conduct:

- Pre-Seminar: Online (Google Meet Platform)
- Main Seminar: Offline (Charak Bhavan Auditorium I-313, P. P. Savani Ayurvedic College & Hospital, P P Savani University)

REPORT OF PRE-SEMINAR (ONLINE PAPER PRESENTATION) – 4TH FEBRUARY 2026

The Pre-Seminar Online Paper Presentation Session was conducted on **4th February 2026 from 10:00 AM to 1:45 PM** through Google Meet.

A total of **100 participants from across the country**, representing various departments of Ayurveda, registered for the paper presentation.

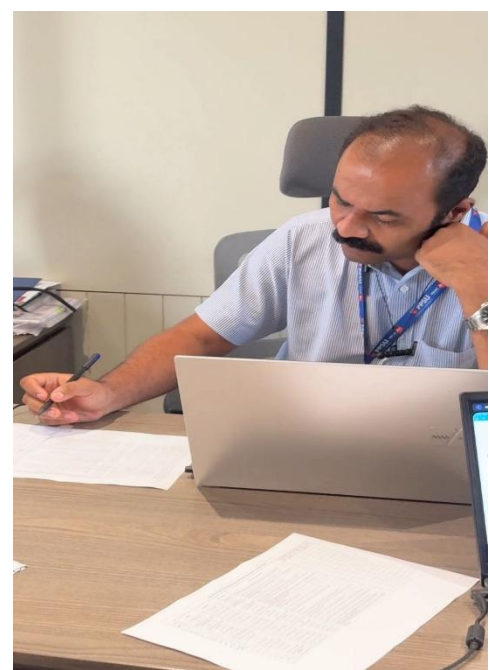
To ensure effective evaluation and interaction, participants were divided into **5 groups**, with **20 participants in each group**.

Each group was assigned:

- **1 Internal Scientific Expert**
- **2 External Scientific Experts**

The session proceeded smoothly with structured presentations followed by academic discussion and expert feedback. The judges provided constructive suggestions to improve research methodology, presentation skills, and scientific interpretation.

The session concluded successfully at **1:45 PM**.



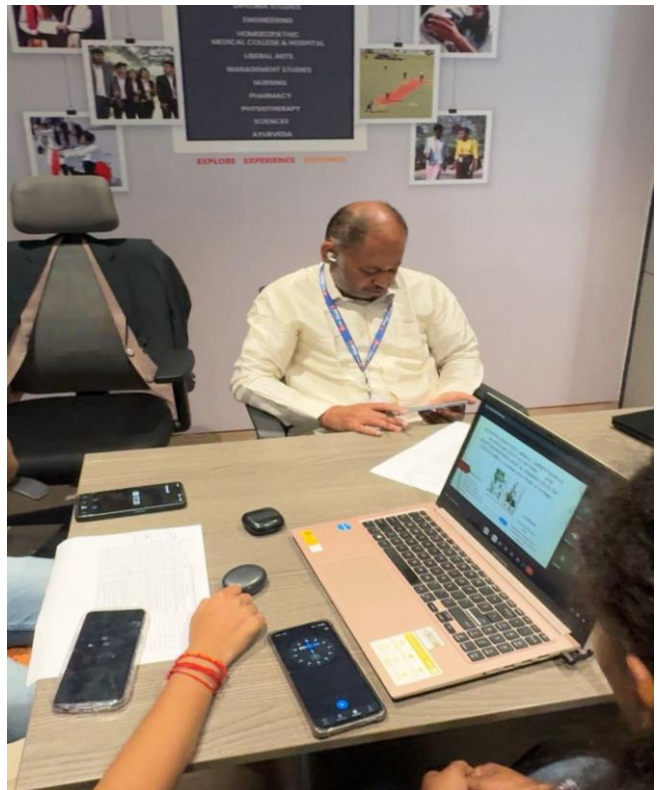
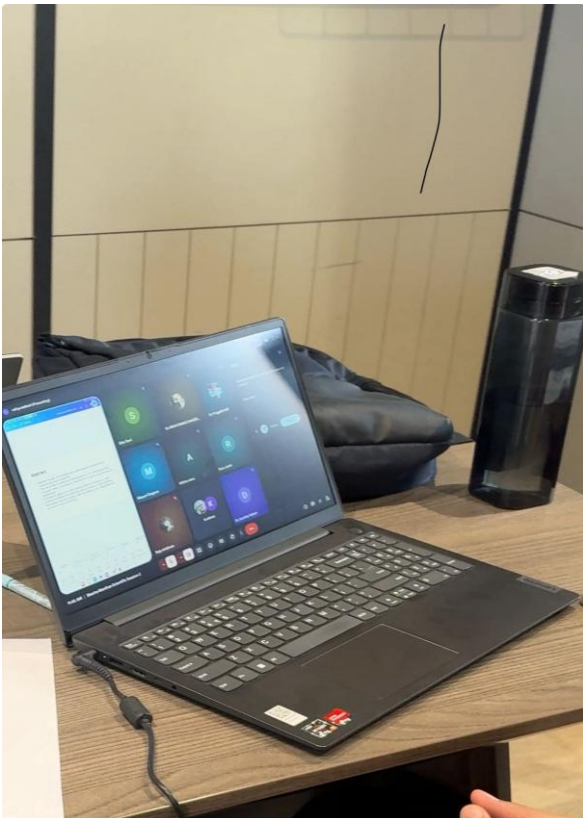
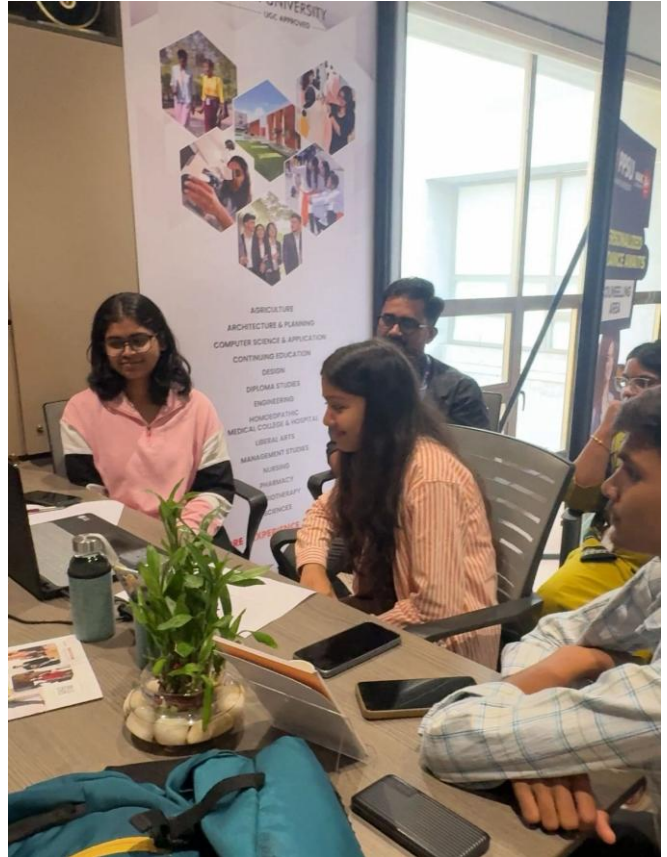


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REPORT OF MAIN SEMINAR – 6TH FEBRUARY 2026

Inaugural Ceremony (9:50 AM – 10:00 AM)

The Inaugural Ceremony began at **9:50 AM** with a traditional **Lamp Lighting Ceremony and Prayer**, invoking divine blessings for the success of the academic event.



Welcome Address (10:05 am) - Was delivered by **Dr. Gaurang Lineswala, Medical Superintendent, P.P. Savani Ayurvedic College & Hospital (PPSACH)**, who warmly welcomed the dignitaries, speakers, faculty members, and participants, emphasizing the importance of such academic initiatives in strengthening Ayurvedic education and research.





At **10:10 AM**, the **Keynote Address** was delivered by **Dr. Satish Biradar, Registrar, P.P. Savani University (PPSU)**. In his address, he highlighted the significance of Sharira in Ayurveda and encouraged students and scholars to actively engage in academic and research activities.



The **Introduction of Speakers at 10.15 am** was presented by **Dr. Kavyashree, Assistant Professor, Department of Kriya Sharir**, who introduced the eminent resource persons, their academic contributions, and professional achievements. This was followed by the **Felicitation of Speakers**, where the dignitaries were honoured with tokens of appreciation as a mark of respect for their valuable presence and contribution.





The Inaugural Ceremony concluded with a formal **Vote of Thanks** delivered by **Dr. Suitha Valsan, Head of Department and Professor, Department of Rachana Sharir**, who expressed sincere gratitude to all dignitaries, speakers, organizing members, and participants for their support and cooperation.



SCIENTIFIC SESSIONS

Session I (10:30 AM – 11:45 AM)

Speaker: Dr. Kishor Patwardhan Sir
Professor, Department of Kriya Sharir
Banaras Hindu University (BHU), Varanasi

Topic: *“Theories Related to Ayurveda and Agni in Health and Disease: Correlation with Digestive Enzymes, Gut Hormones, and Intestinal Microbiota”*

Dr. Kishor Patwardhan elaborated on the classical Ayurvedic concept of Agni and its physiological relevance in modern biomedical science. He highlighted the correlation between Agni, digestion, metabolism, gut microbiota, and overall health, making the session highly insightful and scientifically enriching.





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Session II (12:00 PM – 1:30 PM)

Speaker: Dr. Channamallikarjun Sir

Principal & Professor, Department of Rachana Sharir

Shri Basaveshwara Ayurvedic Medical College Hospital and Research
Centre, Kalaburgi, Karnataka

Topic: “*Pranavaha Srotas & Hridaya Marma: Applied and Clinical
Correlation*”

The speaker explained the Ayurvedic understanding of Pranavaha Srotas and Hridaya Marma, correlating it with modern concepts of respiratory and cardiovascular physiology. The session emphasized clinical applicability and integrative understanding.



Lunch Break (1:30 PM – 2:40 PM)

Session III (2:40 PM – 3:40 PM)

Speaker: Dr. Seetharama Pundareekaksha Mithanthaya

Professor, Department of Rachana Sharir

JS Ayurved Mahavidyalaya, Nadiad

Topic: “*Pittadhara Kala: Ayurvedic Concept with Modern Gastrointestinal Correlation*”

Dr. Mithanthaya provided an in-depth analysis of Pittadhara Kala, explaining its structural and functional significance in Ayurveda and correlating it with modern gastrointestinal physiology and enzymatic functions.



Session IV (3:40 PM – 4:40 PM)

Speaker: Dr. Poorvi Kaushikbhai Vyas

Professor, Department of Rachana Sharir

JS Ayurved Mahavidyalaya, Nadiad

Topic: *“Ayurvedic Concept of Prana and Its Physiological Correlation with Neuro-Cardio-Respiratory Regulation and Clinical Disorders”*

Dr. Poorvi Vyas presented a comprehensive lecture on Prana, linking classical Ayurvedic concepts with neuro-cardiac and respiratory regulation, highlighting its relevance in clinical conditions.



Valedictory (4:40 PM – 5:00 PM)

The seminar concluded with a formal Valedictory Session, which included , distribution of certificates, a final Vote of Thanks, followed by the National Anthem.



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